

Growing Healthy Families

WHITE RIVER JCT. DISTRICT OFFICE, • Vermont Department of Health, WIC Program
226 Holiday Drive, Suite 22, White River Junction, VT 05001 • 1-802-295-8820 or 1-888-253-8799



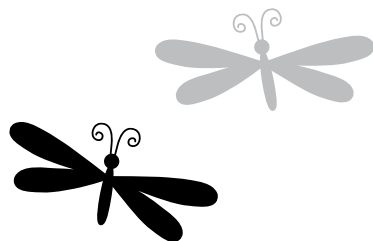
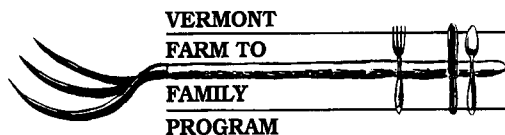
Vermont Farm to Family Program

The Farm to Family Program gives WIC participants coupons for free, locally grown, fresh vegetables and fruits from farmers' markets.

WIC participants over the age of 6 months are eligible for Farm to Family coupons which are available on a first come, first serve basis.

There is a \$60 maximum benefit per family. Mark your calendar now — attend one of the activities listed here to pick up your coupons. Can't make any of these dates? Go to www.WICHealth.org and complete a fun activity involving fruits and vegetables. See the back of this page for directions.

See you this summer!



Come to a Farm to Family Activity and get your coupons!

Join us for a fun family activity, recipes and more!

Drop in anytime during the times listed.

DATE	TIME	PLACE
Tuesday, June 24	8:00 a.m.–4:30 p.m.	Vermont Department of Health 226 Holiday Drive White River Junction
Friday, June 27	3:00–5:00 p.m.	Farmers' Market North Common, Chelsea
Monday, June 30	8:00 a.m.–4:30 p.m.	Vermont Department of Health 226 Holiday Drive White River Junction
Thursday, July 10	3:00–5:00 p.m.	Farmers' Market on the Green South Royalton
Saturday, July 12	9:00 a.m.–Noon	Farmers' Market Central Street, Randolph
Saturday, July 19	9:00 a.m.–Noon	Fogg's Hardware parking lot beside the Norwich Farmers' Market Route 5, Norwich
Monday, July 21	2:30–3:30 p.m.	Evangelical Church Route 5 Lower Plain, Bradford
Wednesday, July 30	8:00 a.m.–4:30 p.m.	Vermont Department of Health 226 Holiday Drive White River Junction

- Coupons are distributed on a first come, first serve basis.
- Supplies are limited, call ahead for coupon availability.
- For directions to any of the above locations, please call the WIC office.